

# Delta Academies Trust Sizing Guide

We have provided a guide to help you to choose the correct size for your Child's uniform. You will need a sewing tape measure to make accurate measurements. Please note all information provided on measuring is a guide to assist you in your choice.



## Boys



### (1) Chest

Measure the child's chest under the arms at the fullest part of the chest. The measurement is the full circumference of the chest. Allow your child to breathe in and take this measurement. We would suggest you may go one size up from your measurement to allow some growth room. However you may consider going up 2 sizes for extra growth room.

### (2) Neck

Measure the child's full neck circumference where the shirt would naturally sit. Please allow 2 fingers to fit between the neck and the tape measure, this is the growth room.

### (3) Waist

Measure around the child's natural waistline, roughly two fingers-width above the hip bone. The measurement needed is the full circumference of the waist; the trousers do have adjustable waist bands so you can make slight adjustments to fit the waist.

### (4) Inside leg

This measurement corresponds to the length of the trouser. Measure from the crotch to the bottom of the ankle bone. Remember that they will be raised slightly when wearing shoes, and that they need to be long enough to be comfortable when sitting.

## Girls

### (1) Chest

Measure the child's chest under the arms at the fullest part of the chest. The measurement is the full circumference of the chest. Allow your child to breathe in and take this measurement. We would suggest you may go one size up from your measurement to allow some growth room. However you may consider going up 2 sizes for extra growth room.

### (2) Waist

Measure around the child's natural waistline, roughly two fingers-width above the hip bone. The measurement needed is the full circumference of the waist.

### (3) Inside leg

This measurement corresponds to the length of the trouser. Measure from the crotch to the bottom of the ankle bone.

